



## Manitoba Fusion 2017 - 2019

Manitoba Fusion is a [Gymnastics for All](#) team that is established every four years with the purpose of participating in the Canadian and World Gymnaestrada events.

The World Gymnaestrada is held every four years and is a festival of dance, gymnastics and movement. It is traditionally held in Europe and includes participants from countries around the world. It is not a competition but rather a week-long showcase of various gymnastics, dance and acrobatic performances. It is an excellent experience for athletes to gain international experience at a non-competitive level.

In preparation for the [2019 World Gymnaestrada](#) in Dornbirn, Austria, Canadian teams are required to participate at the 2018 National Gymnaestrada in Richmond, BC. The purpose is to showcase our team's routine and gain a performance spot as part of Team Canada at the 2019 World Gymnaestrada.

See our team's past performances on YouTube:

[Cinderella](#) – Finland 2015

[PAGU National Evening](#) – Finland 2015

### Athlete Eligibility

We are looking for athletes of all ages and abilities!

#### Athletes

Experienced gymnasts, dancers and cheerleaders that have participated in their discipline for a minimum of five years are welcome to audition for the team. Participants need to be a minimum of 10 years old by December 31, 2018 (born in 2008 or earlier). This is also an excellent opportunity for retired athletes who are no longer training but would like to participate in their sport again.

#### Parents

Parents, relatives and friends of gymnasts/dancers that are 18 years or older with no gymnastics experience are also being recruited to [join our performance!](#) No auditions required, just lots of smiles and a willingness to participate.

### Auditions

Auditions will take place on **Sunday, September 17 and 24, 2017** from 7-9pm at Max Bell Centre. Athletes are asked to prepare a maximum one minute performance or demonstration of their best skills and movements. The performance can be as an individual or small group (maximum five) with or without musical accompaniment. The floor surface is a rhythmic gymnastics carpet approximately 14mX14m.

Please bring the Participant Information form to the audition.

**What are we looking for?** Flexibility, powerful jumps, balance and rotation skills, tumbling (walkovers, aerials, handsprings, etc), partner lifts, cheerleading stunts, different styles of dance, facial and body expression, musicality and anything unique.

## Training

- Training sessions will be on Sunday evenings from 7-9pm beginning October 15, 2017.
- There will be no training following National Gymnaestrada in July 2018 and will resume again on October 16, 2018.
- Parent group – a reduced training schedule will be made and distributed at the first team meeting. Please plan for training *most* Sundays from 8-9pm beginning in December.

## Fees and Refund Policy:

- The registration fee is \$1,195 for the program running from October 2017 – July 2019.
- A deposit of \$400 is due October 15, 2017 and is non-refundable.
- Post dated cheques for \$265 each dated December 1, 2017, February 1, 2018 and March 1, 2018 are required on October 15<sup>th</sup>.
- A refund will only be provided if a serious injury or health issue prevents the athlete from continuing their participation on the team. A doctor's note is required. Any withdrawal from the program prior to December 1, 2017 will be eligible for a refund of \$795. Any withdrawal from the program prior to February 1, 2018 will be eligible for a refund of \$530. Any withdrawal from the program prior to March 1, 2018 will be eligible for a refund of \$265. **There are no refunds after April 1, 2018.**
- Parents - The registration fee for adult participants with no experience is \$250. This fee is due on October 15, 2017 and is non-refundable.
- If you are not already registered with your Provincial Sport Organization (PSO) then you will be required to register with Rhythmic Gymnastics Manitoba (RGM) or the Manitoba Gymnastics Association (MGA). The fee is \$42 per year (2017/18 and 2018/19).

## Important Dates:

- September 17 & 24 – Auditions 7-9pm at Max Bell Centre
- October 15 – Team meeting and first practice 7-9pm at Max Bell Centre
- June 2018 (TBA) – Provincial Gymnaestrada
- June 27 – July 1, 2018 – National Gymnaestrada in Richmond, BC
- October 16, 2018 – Training resumes
- March 2019 (TBA) – Talent of Manitoba
- June 2019 (TBA) – Provincial Gymnaestrada
- July 7-13, 2019 – World Gymnaestrada in Dornbirn, Austria

## Costs to consider:

- Team registration fee (2017/18 only)
- PSO fee
- Team tshirt and jacket
- Performance costume
- Canadian Gymnaestrada event fee
- Airfare or other travel to Richmond, BC
- Accommodations, meals and transportation in Richmond, BC
- World Gymnaestrada event fee (Participant Card)
- Team Canada uniform (track suit, shirts, backpack, hat, etc)
- Airfare to Austria
- Accommodations and meals in Austria
- Sightseeing

More information on these costs will be discussed at our first team meeting on October 15, 2017.

## Team Leaders

Tanya Manastersky – Coach and Choreographer

Tracy Sterdan – Coach and Choreographer

Carly Isaak – Coach and Team Manager

Audition Form - Participant Information



Name: \_\_\_\_\_

Email: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_

If under 18:

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Email: \_\_\_\_\_

Describe your experience in dance, gymnastics, rhythmic gymnastics, cheer, or other:

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Parent/relative/friends of athlete – please indicate your intent to participate:

Name \_\_\_\_\_

Name \_\_\_\_\_

Name \_\_\_\_\_