

PROVINCIAL GYMNAESTRADA

Saturday June 1st, 2019 / 2:00 PM
Investors Group Athletic Centre
75 Sidney Smith St, Winnipeg, MB

INVITATION TO PARTICIPATE

- ✓ JOIN US IN THE AFTERNOON OF RHYTHMIC GYMNASTICS PERFORMANCES
- ✓ SHOWCASE YOUR SKILLS FOR FRIENDS, FAMILY AND SPECTATORS
- ✓ WATCH OUTSTANDING PERFORMANCES FROM MANITOBA GROUPS



REGISTRATION:

Rhythmic Gymnastics Manitoba is pleased to invite all gymnastics groups (including rhythmic and artistic men and women, cheerleading, dance and aerobic groups) to take part in the 2019 Rhythmic Gymnastics Manitoba Provincial Gymnaestrada.

To register, please complete the PRELIMINARY REGISTRATION (provided in electronic format) and submit to Rhythmic Gymnastics Manitoba no later than **Friday April 19th** to reserve a spot for your group. The FINAL REGISTRATION (provided in electronic format) and submit to Rhythmic Gymnastics Manitoba no later than **Wednesday May 15th, 2019**.

Registrations will be accepted on a “first-come, first-served” basis and numbers may be capped, so get your registration in ASAP! Please email the registration to rhythmic@sportmanitoba.ca



REGISTRATION FEE:

FULL or ASSOCIATE MEMBER	\$ 5.00 per performer
NON - MEMBER	\$10.00 per performer

FULL MEMBER is an individual member of a club who has paid a full individual member fee to RGM. **ASSOCIATE MEMBERS** include out of province participants who are members of their provincial organization, members of a group (school, community club, etc.) that has an Associate Group Membership (\$32.00/group/year) with Rhythmic Gymnastics Manitoba or is a member of the Manitoba Gymnastics Association (MGA).

NON-MEMBERS are not registered members of RGM, MGA or a provincial sport organization.

LENGTH OF PERFORMING NUMBER:

Each group/club may present a performance number up to 10 minutes in length. Please use the following as a guideline:

Groups of less than 10 performers	Maximum of 2.5 minutes
Groups of 10 – 20 performers	Maximum of 5 minutes
Groups of more than 20 performers	Maximum of 10 minutes

Note:

- Walking on and off the floor, Set up and take down, must be choreographed as a part of the maximum 10-minute performance
- Street shoes and black dance shoes are not allowed on the carpet due to markings left behind.
- Request for additional performance time may be considered and will be confirmed pending the overall time of the show.
- The Organizing Committee reserves the right to limit the number of participating groups in order to ensure the length of the event does not exceed three hours.

PERFORMING AREA:

The area available for the performance is the size of one basketball court. A non-sprung artistic gymnastics carpet will be positioned in the center of this area.

Any additional equipment required must be brought by participating groups. Indicate your additional equipment needs at the time of preliminary registration. The organizing committee will work with you individually to determine how this could be accommodated.



MUSIC:

Music is to be submitted electronically in mp3 format using Dropbox or Google Drive. ***The electronic files of your music will be due with the registration on Wednesday May 15th.***

REHEARSAL:

Practice time slots will be available between 11:00 AM to 1:00 PM on the day of the event. Groups will be assigned a rehearsal time for approximately the length of their performance plus walk on/off. The practice schedule will be circulated with the final bulletin and order of performances.

TICKETS:

Tickets will be available at the door on the day of the event. Admission will be \$5 for those over 12 and free for those under 12.

ADVERTISING:

Each participating group is encouraged to invite individuals and business associates to advertise products or services in the Provincial Gymnaestrada souvenir program.

Cost of advertising:

Full Page	8.5 X 11 inches	\$40.00
Half Page Horizontal	7.5 X 5 inches	\$20.00
Business Card	3.5 X 2.0 inches	\$10.00

All ads will be printed in black and white in the event program.

Submissions can be made to Rhythmic Gymnastics Manitoba by email to rgm.ed@sportmanitoba.ca or by mail. **The deadline for ads and payment is Wednesday May 15th.**