



2017-2024 FIG & GYM CAN APPARATUS DESIGNATION

LEVEL	2017	2018	2019	2020	2021	2022	2023	2024
Novice	Free	Free	Free	Free	Free	Free	Free	
	Hoop	Rope	Rope	Rope	Rope	Rope	Rope	
	Ball	Ball	Ball	Hoop	Hoop	Hoop	Hoop	
	Clubs	Clubs	Clubs	Clubs	Clubs	Ball	Ball	
Novice Group	Rope	Hoop	Hoop	Ball	Ball	Rope	Rope	
Open Group	4 or 5 Hoops	4 or 5 Hoops	4 or 5 Ribbons	4 or 5 Ribbons				
Junior	Hoop	Hoop	Rope	Rope	Rope	Rope	Rope	Rope
	Ball	Ball	Ball	Ball	Hoop	Hoop	Hoop	Hoop
	Clubs	Clubs	Clubs	Clubs	Clubs	Clubs	Ball	Ball
	Ribbon	Ribbon	Ribbon	Ribbon	Ribbon	Ribbon	Ribbon	Ribbon
Junior Dev't.	5 pr. Clubs	5 Ribbons	5 Ribbons	Ribbon				
Junior Group	Rope	Rope	Hoop	Hoop	Ball	Ball	Clubs	Clubs
	Clubs	Clubs	Ribbon	Ribbon	Ribbon	Ribbon	Rope	Rope
Senior	Hoop	Hoop	Hoop	Hoop	Hoop	Hoop	Hoop	Hoop
	Ball	Ball	Ball	Ball	Ball	Ball	Ball	Ball
	Clubs	Clubs	Clubs	Clubs	Clubs	Clubs	Clubs	Clubs
	Ribbon	Ribbon	Ribbon	Ribbon	Ribbon	Ribbon	Ribbon	Ribbon
Senior Dev't	3 Balls & 2 Ropes	3 Hoops & 2 pr. Clubs	3 Hoops & 2 pr. Clubs	3 Hoops & 2 Ribbons	3 Hoops & 2 Ribbons	3 Ball & 2 pr. Clubs	3 Ball & 2 pr. Clubs	
Senior Group	Hoop	Hoop	Ball	Ball	Clubs	Clubs	Ribbon	Ribbon
	3 Balls & 2 Ropes	3 Balls & 2 Ropes	3 Hoops & 2 pr. Clubs	3 Hoops & 2 pr. Clubs	3 Hoops & 2 Ribbons	3 Hoops & 2 Ribbons	3 Ball & 2 pr. Clubs	3 Ball & 2 pr. Clubs

Routine Length for National Stream Groups 2:15 - 2:30

Novice Group Age: 10 - 12 (Born 2010 - 2009 - 2008)

Novice Group: Junior Requirements as per FIG CoP

Novice	Group of 3 or 4	Ball
Novice	Group of 5	Ball

Open Group: (Novice-Junior-Senior Mix) - Junior requirements as per FIG CoP

Open Grp	Group 4 or 5	Ribbon
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Junior Development Group Age: 12 - 15 (Born 2008 - 2007 - 2006 - 2005) - Junior requirements as per FIG CoP

Jr. Dev't	Group of 5	Ribbon
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Junior Group Age: 13 - 15 (Born 2007 - 2006 - 2005) - Junior requirements as per FIG CoP

Junior	Group of 3 or 4	Ribbon
Junior FIG	Group of 5	Hoop Ribbon

Senior Development: (Junior-Senior Mix) - Senior Difficulty

Sr. Dev't	Group of 5	3 Hoops & 2 Ribbons
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Senior Group Age: 16 and older (Born 2004 and before) - Senior requirements as per FIG CoP

Senior	Group 3 or 4	Hoop & Clubs (2 Hoops & 1 pr Clubs) OR (2 Hoops & 2 pr Clubs)
Senior FIG	Group of 5	5 Balls
	Group of 5	3 Hoops & 2 pr. Clubs



Athletes can compete in a group one age level up from the level they compete as individuals.

NOTE: To be eligible for selection to FIG International Events, gymnasts must be FIG age, Canadian citizens with a Canadian passport and not have an ACTIVE FIG LICENSE with another Federation.



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