2027 DEVELOPMENT PROGRAM - RGI

AGE as of Dec 31/27	"A" New or Returning Development Athletes		"B" Returning National Stream or Development Athletes		"C" Returning National Stream or Development Athletes		Code of Points Junior Requirements as per FIG unless specified otherwise
Level 1 7, 8 Born 2020,2019			**Free* Choice (Rope or Ball)**	**Free:**4-6 BD Min 1 of each BG **App:** 3-6BD, Max.1R, Max 8DA			***Free Routine Requirements** ***Level 1 is not scored*** For levels 1B ,2A,2B,2C,3A,3B,3C: refer to Free Requirements Chart ---------- **Difficulty of Apparatus & Artistry Requirements** Apparatus requirements as per Junior FIG CoP unless specified otherwise —---------- **General Notes:** • Apparatus of choice does not include "Free". One set of awards will be given for choice apparatus. All-Around is the total of three routines. • National Stream Individuals from the previous year must enter Category "B" or "C" (age-appropriate level: Level 3B or 3C, 4B or 4C, 5B or 5C, 6B or 6C • RGI Development Gymnasts: **cannot** compete one age level up. • Regional Participation: RGI:3B, 3C, 4B, 4C, 5B, 5C, 6B, 6C; RGG: Level 3 and up • RGI: Male athletes shall be permitted to compete in all individual rhythmic gymnastics categories, using the same FIG apparatus and Code of Points as female athletes, but be ranked, scored, and awarded in gender-separated divisions. Refer to technical rules 2.2 for more information • RGG: Male athletes may participate in group routines, either in all-male or mixed-gender teams. All groups, regardless of gender composition, will be judged under the same Code of Points and ranked together in a single results category.
Level 2 9, 10 Born 2018,2017	**Free Rope**	**Free:** 4-6 BD Min 1 of each body group **App:** 3-6BD Max. 2R, Max.8DA	**Free Ball**	**Free:**4-6 BD Min 1 of each BG **App:** 3-6BD, Max. 2R, Max.8DA	**Free Hoop Ball**	**Free:**4-6 BD Min 1 of each body group **App:** 3-6BD; Max. 2R, Max.8DA	
Level 3 11, 12 Born 2016-2015	**Free Hoop**	**Free:**4-6 BD Min 1 of each body group **App:** 3-6BD; Max. 3R, Max.10DA	**Free Ball Choice (Hoop or Clubs)**	**Free:**4-6 BD Min 1 of each BG **App:** 3-6BD; Max. 3R, Max.10DA	**Free Clubs Choice (Ball or Ribbon)**	**Free:** 4-6BD Min 1 of each body group **App:** 3-6BD; Max. 3R, Max.10DA	
Level 4 13, 14 Born 2014,2013	**Free Ball**	**Free**: 3-6 BD Min 1 of each body group **App:** 3-6BD; Max. 3R, Max.12DA	**Free Clubs Choice**	**Free:** 3-6 BD Min 1 of each BG **App:** 3-6BD; Max. 3R, Max.12DA	**Clubs Ribbon Choice (Hoop or Ball)**	**App:** 3-6BD; Max. 3R, Max.12DA	
Level 5 14, 15 Born 2013,2012	**Free Hoop Choice**	**Free:**3-6 BD Min 1 of each body group **App:** 3-6BD; Max. 3R, Max.12DA	**Ball Ribbon Choice**	**App:** 3-6BD; Max. 3R, Max.12DA	**Hoop Clubs Choice**	**App:** 3-6BD; Max. 3R, Max.12DA	
Level 6 16 & up 2011+	**Ball Hoop Choice**	**App:** 3-6BD; Max. 3R, Max.12DA	**Ball Clubs Choice**	**App:** 3-6BD; Max. 3R, Max.12DA	**Hoop Ribbon Choice**	**App:** 3-6BD; Max. 3R, Max.12DA	

Apparatus Norms: Development Levels 4 & 5 follow Junior apparatus norms requirements; Development Level 6 follows Senior apparatus norms requirements

	Hoop	Ball	Clubs	Ribbon
Level 2 & 3	Inner Diam 700 to 900 mm Weight 200 g minimum	Diameter 140 - 200 mm Weight 270 g	Length 360 - 500M 100 g	4 meters

2027 DEVELOPMENT PROGRAM – RGG

AGE as of Dec 2027	Apparatus and # of gymnasts	Routine Length (minutes)	Composition	Formations
Level 1 **7,8** **Born** 2020,2019	**Free** 3 & 4 5	1:15 - 1:30	3 body difficulties (1 each group) 3CC ; 3CR or CR2 Min.2 dance steps	As per Junior COP
Level 2 9, 10 **Born** 2018, 2017	**Ball** 3 & 4 5	1:45 - 2:00	3 body difficulties (1 each group) 2 diff. with exchange min 4 m a part Max. 5 Difficulties Min 2CC ; Min2CRorCR2; Max 4 by choice (Max 8 Collaborations) Max. 1 R Min. 2 dance steps	As per Junior COP
Level 3 11, 12 **Born** 2016,2015	**Rope** **OR** **Hoop** 3 & 4 5	2:00 – 2:15	3 diff. without exchange (1BD from each body group) 3 difficulties with exchange Max. 6 difficulties Min. 2 CC, Min. 2 CR, Min. 2 C↗; Max 4 by choice (Max. 10) Max.1 R Min. 2 dance steps	As per Junior COP
Level 4 13, 14 **Born** 2014-2013	**Ribbon** <u>or</u> **Hoop** 3 & 4 5	2:15 – 2:30	3 diff. without exchange (1BD from each body group) 3 difficulties with exchange Max. 6 difficulties Min. 2 CC, Min. 2 CR, Min. 2 C↗; Max 4 by choice (Max.10) Max.1 R Min. 2 dance steps	As per Junior COP
Level 5 **14 & up** **Born** 2013 & older	<u>Choice of</u>: Single Apparatus: **Ball,** **<u>Or</u>** **Mixed** 3 & 4; or 5 2 hoops & 2 clubs 2 hoops & 4 clubs 3 hoops & 4 clubs	2:15 - 2:30	3 diff. without exchange (1BD from each body group) 3 difficulties with exchange Max. 6 difficulties Min. 2 CC, Min. 2 CR, Min. 2 C↗; Max 4 by choice (Max 10) Max.1 R Min. 2 dance steps	As per Junior COP

RGG SPECIFIC RULES

- As per the Junior FIG current CoP unless specified otherwise.
- Specific to RGG development trio groups, regarding collaborations without high or long throws of the apparatus:
    - Collaborations CC include relationships performed with a minimum of 2 identical actions with body relationships or apparatus relationships, performed in succession:
        - 1 gymnast performing the identical action a minimum of 2 times or succession, or
        - 2 gymnasts performing an identical action in succession for a total of a minimum of 2 actions.

GENERAL RULES

- Basic Developmental / /Introductory Group will not be ranked, or scores publicly displayed. The same form of recognition must be given to all Basic Developmental/Introductory Group.
- Athletes may compete in one level up from an athlete's current group level (excluding Level 1 or any athlete aged 8 and younger).
- A gymnast may not move down an age group.
- An athlete cannot compete in both a Development group of 3 & 4 and a Development group of 5 in the same competitive season
- An athlete cannot compete in both a Development group and a National group of any type in the same competitive season unless they move up from a Development group to a National group. They cannot then move back to a Development group in the same season.
- One National Stream gymnast may compete in an age-appropriate Development group of 5 or in a Development Level 5 group of 4 or 5 provided she is not in a National group.
- An athlete may compete in one Development group AND one AGG group in the same year.
- An athlete may compete in one National group AND one AGG group in the same year.
- Musical accompaniment of voice with words may be used as per FIG rules.