



Rhythmic Gymnastics Manitoba Inc.

GYMNASTICS FOUNDATIONS COURSE  
INTRO, THEORY AND RHYTHMIC GYMNASTICS

Sport for Life Centre, 145 Pacific Avenue  
Nordale School, 99 Birchdale Ave

REGISTRATION FEE:	RGM Members:	\$85.00
	Non-members:	\$115.00

SCHEDULE:

Friday October 23	Theory (\$25.00) Sport for Life Centre
Saturday October 24	Intro to Gymnastics Foundations (\$30.00), Nordale School
Sunday October 25	Rhythmic (\$30.00), Nordale School

PROGRAM REQUIREMENTS:

Minimum age of 15 years  
100% attendance

NOTE: The Registration fee must accompany the registration form. No phone registrations will be accepted. You will be contacted if the course is canceled. Please provide the number where you can be reached during the day.

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REGISTRATION FORM  
GYMNASTICS FOUNDATIONS INTRO, THEORY AND RHYTHMIC

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

POSTAL CODE: \_\_\_\_\_ PHONE: \_\_\_\_\_

Email: \_\_\_\_\_

NCCP Number:

Return to: Rhythmic Gymnastics Manitoba  
145 Pacific Avenue  
Winnipeg, MB R3B 2Z6

REGISTRATION DEADLINE: October 9, 2015