

ELITE CANADA 2017

DIRECTIVE

RHYTHMIC GYMNASTICS



Markham Pan Am Centre
March 16-19, 2017
Markham, ON



GYMNASTICS CANADA

Gymnastics Canada Gymnastique

1900 Promenade City Park Dr. Suite 120
Ottawa, ON, K1J 1A3
Tel : (613) 748-5637
Fax: (613) 748-5691
website: www.gymcan.org

Peter Nicol – President and CEO
pnicol@gymcan.org

Teresa Orr– National Team Director
torr@gymcan.org
(289) 221-4332

Mariève Reid – Director of Events
mreid@gymcan.org
(613) 748-5637 ext. 231

Brihana Mosienko – RG Program Coordinator
bmosienko@gymcan.org
(613) 748-5691 ext. 232

ORGANIZING COMMITTEE

Kalev RG Club

3 Pebble Beach Gate
Thornhill, ON, L3T 1T8
905-889-7889
info@kalev.net

We would like to thank Kalev RG Club and its volunteers for the organization of this event!

President: Evelyn Koop
Competition Director: Ulle Trass
Technical Director: Janika Molder

	<p>Finance Manager: Bob Soya and Evelyn Koop Medical Manager: Janet Davis Marketing & Communications Manager: Carol Swanson Accreditation & Ticketing Manager: Cecelia Lo Transportation Manager: Andres Lindvere Protocol Manager: Valve Isberg Equipment Manager: Kaupo Kallemaa Floor Manager: George Gao Program Coordinator: Katrin Shechtman Gala Coordinator: Sasha Lukashova Scoring Manager: Marina Gavrylyuk Announcer: Heli Oder Music Manager: Tamara Tambre</p>
LOCATION	<p>Markham Pan Am Centre Markham, ON</p>
DATE	<p>March 16-19, 2016</p>
COMPETITION VENUE	<p>Markham Pan Am Centre 16 Main Street Unionville, Markham, ON www.markham.ca</p> <p>Parking is Free at this facility.</p>
APPARATUS SUPPLIED	<p>The official equipment supplier is Gymnova SA. The equipment supplied is as follows:</p> <p>1 Competition Carpet (16m X 16m) Gymnova 2 Warm-up Carpets (16m X 16m) Gymnova Apparatus Placement is following the 2017-2020 FIG rules Note: Novices can place one spare apparatus in the middle of one of the two side lines.</p>
INVITED MEMBERS AND FORMAT	<p>National Stream Individuals and group gymnasts from all provinces and territories.</p> <p><u>Individual Competition</u></p> <p>Events:</p> <ul style="list-style-type: none"> • Competition A: Individual Qualifying • Competition B: Individual AA & Finals • Competition A: Novice AA (born in 2005) <p>Categories:</p> <ul style="list-style-type: none"> • Senior individual • Junior individual • Novice individual (born in 2005) <p>Purpose:</p> <ol style="list-style-type: none"> 1. To provide a competitive opportunity of the highest calibre for National Stream athletes. 2. To declare 2017 Elite Canada Junior and Senior Champions. 3. To identify top 15 HP Juniors and Seniors for direct entry to the Canadian Championships. 4. To initiate the selection process for GCG RG National Teams. 5. To identify and assign gymnasts to strategic International Competitions. 6. To provide a competition for gymnasts in their <u>final year</u> of Novice.

	<p><u>Group Competition</u></p> <p>Events:</p> <ul style="list-style-type: none"> • Competition A: All groups (AA for Non FIG – one routine performed twice) • Competition B: AA & Finals Junior FIG and Senior FIG; All groups in top 8 invited to finals. <p>Categories:</p> <ul style="list-style-type: none"> • Groups of 3 & 4: Novice, Junior and Senior • Open Group • Group of 5: Novice, Junior Development, Junior FIG, Senior Development and Senior FIG <p>Purpose:</p> <ol style="list-style-type: none"> 1. To provide a competitive opportunity of the highest calibre for National Stream groups. 2. To declare Elite Canada Champion in all Group categories 3. To determine the ranking of RG groups across Canada 4. To identify and assign Junior FIG groups to strategic International Competitions 5. To provide opportunity for GCG Senior Group to meet requirements of their training and competition plan.
<p>ELIGIBILITY</p>	<p>* All athletes, coaches, judges, team managers must be registered members of the GCG year in force.</p> <p>* All participating provincial/territorial organizations and their members commit themselves to respect the GCG and RG Program Technical Rules and Regulations especially the ones concerning the age and nationality of the gymnasts and that participants must not have any outstanding invoices owing to GCG.</p> <p>* Provincial/Territorial Rhythmic Gymnastics Sport Governing Bodies, which do not respect the above directives, will miss the opportunity to qualify for the Canadian Championships and the National Team.</p> <p>Coaches</p> <p>According to the RG Technical Regulations, all coaches on the floor must be certified level 3 NCCP if coaching a National Level athlete or group. A coach without the proper certification must request an exemption from the RG National Team Director (complete form in Appendix C).</p> <p>The request must be sent directly to the GCG office c/o Brihana Mosienko no later than January 16th, 2017. The completed form must be joined by a cheque of \$25 to cover administrative cost.</p>
<p>AWARDS</p>	<p><u>Individuals:</u></p> <ul style="list-style-type: none"> - Certificates will be presented to the top 15 Junior & Senior from Competition A. - Top 8 All-Around: <u>Novice Competition A</u> (No Champion is declared). This event is for Novices in their final year who are preparing for Junior in 2018. No finals. - Top 8 All-Around: <u>Junior and Senior from Competition A + B.</u> - Top 8 Apparatus Finals: <u>Junior and Senior from Competition B only.</u>

Groups:

- Top 8 All Around: Groups of 3 & 4 in Novice, Junior, Senior; Open Group; Junior Development; Senior Development (one routine performed twice).
- Top 8 All-Around: Junior FIG & Senior FIG Competition A + B (4 routines total).
- Top 8 Apparatus Finals: Groups of 3 & 4 in Novice, Junior, Senior; Open Group; Junior Development; Senior Development (one routine performed once).
- Top 8 Apparatus Finals: Junior FIG & Senior FIG Competition B (two routines performed once).

Note: Final awards will be presented for categories with 2 or more groups only.

Athlete Dress Code for Award Ceremonies: Competitive Leotard, toe slippers.

SCHEDULE

See Appendix A for the draft schedule.

DRAW

The Draw will be conducted at the Kalev RG office using the score2u software on February 27th, 2017 and rotations will be distributed a week prior to the event.

REGISTRATION

Deadlines

To:

Deadlines	To:	
Coach exemption deadline	January 16 th , 2017	GCG
Registration and payment deadline	February 16 th , 2017	GCG
Medical and risk waiver forms	February 16 th , 2017	GCG
Itinerary Form	February 16 th , 2017	Kalev
Refund Deadline	March 2 nd , 2017	GCG
Music Submission	March 2 nd , 2017	Kalev
Gala Form	March 2 nd , 2017	Kalev
Novice Free Script Submission	March 2 nd , 2017	Kalev

Registration Fee

Athletes: **\$170.00**

Coaches: **\$85.00**

Deadline: Thursday February 16th, 2017

All clubs must register by completing the Excel registration form and returning it to Mariève Reid (mreid@gymcan.org) by February 16th, 2017.

A hard copy of the Excel registration form, completed waiver and medical forms, along with the payment must be RECEIVED at the GCG National Office (GCG – Attention: Mariève Reid) by the deadline.

- Clubs will have the opportunity to modify (athletes and coaches only) their registration until the registration deadline. Additions of coaches or gymnasts will be charged the regular registration fee until February 16th. We ask that all additions and/or changes be emailed to mreid@gymcan.org.
- No registration will be accepted after **February 16th, 2017** unless special dispensation is given by the RG Program Director. In which case a **\$50.00 penalty fee per registered participant (athlete and coaches) will be added to the registration fee – no refund.**

	<ul style="list-style-type: none"> • All registrations and changes / additions to a current registration done after the deadline, will be charged a \$50 late fee per person. • Written request for refund can be made to the attention of Mariève Reid – mreid@gymcan.org until March 2nd, 2017. After this date, there will be NO reimbursement of the registration fee. In the event that a gymnast is declared unable to compete after this deadline, and ineligible for refund, the club still has the obligation to inform GCG of this as soon as possible. Please send notification to mreid@gymcan.org. <p>Other documents – <u>mandatory for registration</u></p> <p>The following documents must also be submitted in order for a registration to be considered complete.</p> <ul style="list-style-type: none"> • Medical form - The forms can be downloaded HERE. • Waiver / assumption of risk form - The forms can be downloaded HERE. • Itinerary form – Appendix B • Gala – Appendix C <p>All forms must be fully completed. Missing or Incomplete forms may jeopardise the eligibility of an athlete.</p>
TRAVEL	<p>Boulevard Travel is pleased to offer special sport group rates to all participants. To secure the best available rate and to discuss booking details please contact:</p> <p><u>Boulevard Travel – 403-237-6233</u> Sharon Phelps, Senior Group & Sport Travel Consultant sharonp@boulevardtravel.com – 1-866-683-0247 Corinne Palin – Group Account Manager corinnep@boulevardtravel.com or 403-802-4284</p> <p>Boulevard Travel Sport Air Program – Minimum 15 tickets to be eligible Air fares – Boulevard Travel has exclusive negotiated air fares with both domestic carriers ensuring the absolute best price with the best flexibility in the industry. Free tickets – 1 free ticket for every 15th paid (paying only the taxes) Name change – free and/or discounted name changes after ticketing Payments - NO deposits, NO payments until ticketing 5-7days prior to departures Baggage – Boulevard Travel has the ability to engage their partners in efforts to reduce the baggage costs. Travel documents / Reporting – Boulevard Travel has developed a number of customized platforms to help with reporting and document delivery which makes travel extremely easy</p>
LOCAL TRANSPORTATION	<p>Clubs are responsible for their own transportation.</p> <p>Transportation will be arranged between the airport, the venue and the Hilton hotel for all judges by the organizing committee.</p> <p>Judges must book their return flight with a departure time AFTER 7pm.</p>

ACCOMMODATION

Clubs are responsible for their own accommodations.

Hilton Toronto/Markham Suites

8500 Warden Avenue, Markham, ON, L6G 1A5

3 km from the venue, 38 km from Toronto Pearson Airport

1-888-370-1934

www.hilton.com/Markham

Preferred rates:

Standard King Suite - \$119 per night plus taxes – up to 2 adults and 2 children under 18
(separate bedroom with one bed, separate living room with pull out sofa bed, two sets of work desk, flat TV, Phone lines.)

Standard Double Bed Suite - \$135 per night plus taxes – up to 2 adults and 2 children under 18

(separate bedroom with two beds, separate living room with pull out sofa bed, two sets of work desk, flat TV, phone lines.)

\$20 per additional adult over the age of 18 up to quadruple occupancy.

Amenities:

Free parking, Heated Indoor Pool and Whirlpool, free WIFI

Discounted Breakfast Coupon available for \$10.00 per person (\$22.00 value per person) and must be purchase at front desk prior or upon arrival.

To make reservations:

Code: ELITE CANADA Rhythmic Gymnastics

Release date: February 23, 2017

Reservation for team booking: 10 rooms or more.

It is requested that individual team managers contact Kristine Lagos via email:

kristine.lagos@markhamsuites.com or by phone : 905-470-8577 to set up a block rooms.

Method of reservation and payment details to be established at that time.

ALL JUDGES MUST STAY AT THE HILTON TORONTO/MARKHAM SUITES HOTEL TO RECEIVE LOCAL TRANSPORTATION.

Monte Carlo Inn Downtown Markham

7255 Warden Avenue, Markham, ON, L3R 1B4

4.7 km from the venue, 34 km from Toronto Pearson Airport

Tel: 1-905-752-2700

www.montecarloinn.com

Preferred rate:

\$105 plus taxes, per room (double occupancy)

\$10 per additional guest over 16 years old up to quadruple occupancy

	<p>Amenities: Free parking, continental breakfast included (6am – 10am), free WIFI</p> <p>To make reservations over the phone: 1-905-752-2700 or toll free at 1-877-752-2788 <i>Code: ELITE CANADA</i> Release date: February 15, 2017</p> <p>To make reservations online: http://www.montecarloinns.com/downtown-markham.html <i>Group code: 294294 Pin Code: 092816</i></p>
MEALS	<p>Clubs are responsible for their own meals.</p> <p>The organizing committee will serve meals to the judges when at the venue.</p> <p>Snacks and drinks will be available to the coaches during competition.</p>
ACCREDITATION	<p>The GCG accreditation procedures will apply. The system consists of colour coded categories and access zones. GCG reserves the right to take away any accreditation if the rules are not followed.</p> <p>Accreditation will be distributed upon arrival to the competition venue. The accreditation must be worn to access the venue and the competitive area.</p>
MEDICAL	<p>Physiotherapy will be on-site.</p> <p>Doping control may be conducted for Senior athletes. For information on doping control procedures and banned substances, please go to www.cces.ca.</p>
MUSIC	<p>We will be playing all music from a computer set list and only use CD as backup. Music must be submitted by the Music deadline date March 2nd, 2017 to allow it to be checked and loaded into the Score2u system.</p> <p>Please follow the instructions below:</p> <ol style="list-style-type: none"> 1. Create a folder with all of the music submissions for your club using the two letter province code and the clubs' name as the folder name. Example AB-Chinook 2. All music files must be named as follows (If music submission does not conform to the stated naming convention, it will be rejected.): <p>Music file name consist of 3 parts with the first 2 being mandatory to match to rotation order (Note: upper/lower case are both fine and hyphens are optional only for readability):</p> <ol style="list-style-type: none"> a. First name followed by last name of gymnast as registered. The system does not translate from Elizabeth to Beth or Elizabeth with an S. (Groups names must be self-explanatory). b. Apparatus (i.e. free, rope, hope, ball, clubs, ribbon) c. (Optional) - level, province, title and name of song.

	<p>Eg. “Jane Doe - Hoop - Novice AB – Be My Girl.mp3” or “Jane Doe - Hoop your own text.mp3” are both acceptable.</p> <p>Note: Only mp3 and wma files are supported as other files may not be playable on all platforms of Windows and wav files are too large to work with when there are so many competitors.</p> <ol style="list-style-type: none"> 3. The music files should be sent via any of the major file share services (e.g. Dropbox, google drive, skydrive) 4. Please email Janika@rogers.com after your music has been submitted or if you have any problems uploading the music.
Scripts	<p>A Hard Copy of Novice Free Scripts MUST be RECEIVED at the Kalev offices by March 2nd, 2017.</p> <p><u>Late Scripts will not be accepted.</u></p> <ul style="list-style-type: none"> • Scripts cannot be changed past the March 2nd deadline.
GALA	<p>Please indicate on the Form in Appendix D if you have a showpiece or fun routine (individual, group or team) which you would like to perform at our Gala.</p>

APPENDIX A
2017 RHYTHMIC ELITE CANADA – DRAFT SCHEDULE

October 2016

Wednesday March 15

All Day Delegation Arrivals

Thursday March 16

9:30 – 4:30 Podium Training
 9:30 – 12:30 Judges Course - EC Judges
 1:30 – 3:00 Judges Podium Observation - EC Judges
 3:30 – 4:30 Judge Follow Up Session – EC Judges
 4:45 – 6:00 EC Orientation Meeting at venue– EC Accredited coaches

COMPETITION – A

Friday March 17

Qualification to Competition – B

08:15 – 08:55 08:55 – 09:15 08:00 – 09:15 09:15 – 10:45 10:45 – 11:00 11:00 – 12:30 12:30 – 01:30 01:30 – 02:00 02:00 – 02:15 02:15 – 03:45 03:45 – 04:00 04:00 – 05:30 06:00 – TBC Time TBC	Judges Meeting Preparation at Judges Table Junior Warm Up & Timed Warm Up Junior (Flight 1) Hoop & Ball Break – Junior Timed Warm Up Junior (Flight 2) Hoop & Ball Lunch – Group Warm up – Opening Ceremonies Groups – 1st Performance Break – Senior Timed Warm Up Senior (Flight 1) Hoop & Ball Break – Senior Timed Warm Up Senior (Flight 2) Hoop & Ball Novice Free & Hoop National Team Coaches Council
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COMPETITION – A

Saturday March 18

Qualification to Competition – B

08:15 – 08:55 08:55 – 09:15 08:00 – 09:15 09:15 – 10:45 10:45 – 11:00 11:00 – 12:30 12:30 – 01:30 01:30 – 02:00 02:00 – 02:15 02:15 – 03:45 03:45 – 04:00 04:00 – 05:30 06:00 – TBC Time TBC	Judges Meeting Preparation at Judges Table Junior Warm Up & Timed Warm Up Junior (Flight 1) Clubs & Ribbon Break – Junior Timed Warm Up Junior (Flight 2) Clubs & Ribbon Lunch – Group Warm up Groups – 2nd Performance Break – Senior Timed Warm Up Senior (Flight 1) Clubs & Ribbon Break – Senior Timed Warm Up Senior (Flight 2) Clubs & Ribbon Novice Ball & Clubs Domestic Development Working Group
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COMPETITION – B

Sunday March 19

(Top 15 from Competition – A)

08:30 – 08:50 08:00 – 09:00 09:00 – 11:30 11:30 – 11:45 11:45 – 12:00 12:00 – 12:45 12:45 – 01:00 01.00– 03:30 03:30 04:00 – 05:30	Judges Meeting Junior Warm Up & Timed Warm Up Junior AA & Finals Break – Group Timed Warm Up Group Finals – 1st Performance Lunch - Group & Senior Timed Warm Up Group Finals – 2nd Performance Senior AA & Finals Gala – Awards AA & Finals National Team Coach Council Meeting
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- **HP Level 10: Top 15 Junior & Senior gymnasts advance directly to CC.**
- **All other gymnasts qualify to Canadian Championships through their Regional Championships.**

**Appendix B
ITINERARY: Arrivals and Departures**

This is essential information in order to plan the practice times efficiently. Please take the time to carefully fill it out, and advise the Meet Director immediately of any changes or adjustments. Also, please indicate if there will be judges traveling with your group.

PROVINCE :	CLUB :
CONTACT NAME :	PHONE # :
FAX # :	EMAIL :

ARRIVAL INFORMATION:

Arrival Date	Airline/Train/Car	Flight #	Arrival Time

DEPARTURE INFORMATION:

Departure Date	Airline/Train/Car	Flight #	Departure Time

Please return to Janika Molder janika@rogers.com by February 16th, 2017.

This form is to accompany any request for specific training times.

**APPENDIX C
COACH EXEMPTION REQUEST FORM**

TO BE COMPLETED AND SENT AT THE TIME OF REGISTRATION TO:
GCG OFFICE, c/o: Brihanna Mosienko
1900 City Park Drive, Suite 120, Ottawa, ON, K1J 1A3
The completed form must be joined by a cheque of \$25 to cover administrative cost.

A COPY OF THE AUTHORIZATION GIVEN WILL BE SENT TO THE ORGANIZING COMMITTEE WHO WILL ISSUE ACCREDITATION ONLY ON RECEIPT OF THE DULY SIGNED AUTHORIZATION.

NAME OF THE COACH	
PROVINCE	
CLUB	
REGISTRATION # WITH THE CAC	
NAME EVENT FOR WHICH THE EXEMPTION IS REQUESTED	
DATE OF THE EVENT	
LOCATION OF THE EVENT	
LEVEL COMPLETED	
DATE OF THE COMPLETION	
LEVEL TO BE COACHED AT THE COMPETITION	
REASON FOR NOT COMPLETING THE LEVEL REQUIRED	
PLAN FOR COMPLETION (TIME TABLE)	
SIGNATURE OF THE COACH	
DATE AND PLACE	
NAME OF THE PSO REP APPROVING THE REQUEST	
SIGNATURE OF THE PSO REP	
DATE AND PLACE	
FOR GCG OFFICE USE	CHEQUE RECEIVED:
AUTHORISATION GIVEN BY	
SIGNATURE	
DATE AND PLACE	

**APPENDIX D
GALA**

Please register a Show Piece Routine as Follows

	Name & Age of Participants	Name of Routine Music & Composer	Length of Time
1			
2			
3			
4			
5			
6			

Please return to Janika Molder – janika@rogers.com by March 2nd, 2017.