


**2024-2028 GYMCAN and FIG APPARATUS & GROUPS** as of Aug 31, 2023

LEVEL	2024	2025	2026	2027	2028
<b>Novice RGI</b> Age: 10 - 12 Born 2014, 2013, 2012	Free Hoop Ball Clubs	Free Hoop Ball Clubs	Free Hoop Ball Clubs	Free Hoop Ball Clubs	Free Hoop Ball Clubs
<b>Novice RGG</b> Group of 5 age as above	Clubs (10))	Ball	Ball	Hoop	Hoop
<b>Novice RGG</b> Group of 4 age as above	Clubs (8)	Ball	Ball	Hoop	Hoop
<b>Junior FIG RGI</b> For 2024 - Age 13, 14, 15 Born 2011, 2010, 2009 <i>**see below for 2025 &amp; on</i>	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon
<b>Junior FIG (5) RGG</b> ages as per JR RGI	Clubs (10) Hoop (5)	Clubs (10) Hoop (5)	Ball Ribbon	Ball Ribbon	Hoop Rope
<b>Junior (4) RGG</b> ages as per JR RGI	Clubs (8)	TBD			
<b>Junior Dev. RGG (5)</b> Age: 12 - 15 Born 2012, 2011, 2010, 2009	Clubs (10)	Ribbon	Ribbon	Hoop	TBD
<b>Senior FIG RGI</b> Ag 16 and older Born 2008 & before	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon
<b>Senior Dev. RGG</b>	3 Ball 2 Hoop	3 Hoop 2pr Club	3 Hoop 2pr Club	3 Hoop 2pr. Club	TBD
<b>Senior FIG RGG</b>	5 Hoop 3 Ribbon 2 Ball	Ribbon 3 Ball 2 Hoop	Ball 3 Hoop 2pr Club	Ball 3 Hoop 2pr. Club	Ball 3 Hoop 2 pr. Club
<b>Senior Group of 4</b>	2 Ball 2 Hoop	TBD			

**\*\*Junior RGI and RGG FIG group of 5 ages for 2025 onwards to be adjusted as per the change from FIG. For 2024, the ages are shown above.**

To be eligible for selection to 2024 FIG International Events, gymnasts must be FIG age, Canadian citizens with a Canadian passport and not have an ACTIVE FIG LICENSE with another Federation.

Athletes can compete in a **group** one level up from the level they compete as individuals.

**Requirements Novice and Junior Groups** - Junior Requirements as per FIG CoP

**Requirements Senior Groups** - Senior Requirements as per FIG CoP

**Elite Canada:** Open to all national stream groups shown in the above chart

**Canadian Championships:** Restricted to Novice group of 5, and Junior / Senior FIG Groups of 5, who have competed at Elite Canada, or at Eastern / Western Regional Championships

**NOTE: Participation at Elite Canada and Canadian Championships will be updated in the Technical Regulations**